

# Find Your Center at the Aikido Center of Jacksonville

Aikido is a modern Japanese martial art. Aikido is for everyone, regardless of age or experience.

- ❖ Get Physically Fit
- ❖ Eliminate Daily Stress
- ❖ Boost Your Concentration
- ❖ Learn To Defend Yourself

The Aikido Center of Jacksonville is the oldest school in northeast Florida, and the only school in Jacksonville, affiliated with the Aikido World Headquarters in Japan.

- ❖ Only certified Aikido instructor in north Florida
- ❖ A teaching staff with over nine decades of combined Aikido experience
- ❖ Member dojo of the United States Aikido Federation, the largest Aikido federation in the United States

findyourcenter.net ❖ 904.398.8511

3627 Dupont Avenue ❖ Suite 500 ❖ Jacksonville, Florida 32217